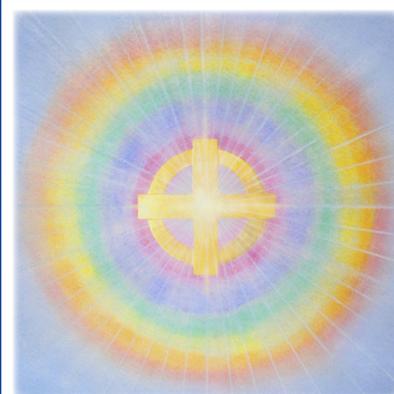


## **The Great Silence**

As you well know, you can be silent without entering into the Silence. But in the Silence all that is beneath comes into harmony with all that is above, the outer planes with the inner. The Great Silence is of spiritual import. It is Soulic. Therefore, it is of GOD. Because it is of HIM it is a quality which is latent in every Soul, but which each one has to come into the realization of in great fulness. When once you enter into the consciousness of the Great Silence you can possess it for evermore, so that you may have it in your realization even whilst you walk amidst an agitated World. Yet more, knowing that Silence, when you wish to speak with HIM in intimate moments of adoration and worship and praise, in the consciousness of your Being you can withdraw from outer activities that you may commune with HIM. To know the Silence is not only to know how to be silent at the proper time (which is a great virtue); to know the Silence is to walk with GOD. It is to be filled with the Great Peace. It is to be equipoised in mind and heart.

Oh, the Great Silence! What a wealth of divine significance there is in the expression. It is amidst the Celestial Silence that the Divine Purpose has carried out changes of ministry. To dwell in the consciousness of that Silence is to know HIM, to know HIS Purpose. Ever Blessed be HIS Glorious Name. It is written within us. Let it reveal, may it reveal, in each one of us, its Living Fire.

*Herald 28 pages 85-86, 95 and 96*



## **The Order of the Cross**

### **Spiritual Reflections**

**February 2016**



## Thoughts on the Teachings

John  
Pignéguy

Modern life and silence can often seem curious bedfellows, contradictory and mutually incompatible modes of existence, the one cancelling out the other. This can certainly be the case if we let it be so. Silence is a unique commodity whose supreme value can often go unknown, unrealised, unrecognised or disregarded – in such cases, silence can also be a cause of unease or uncertainty, it being something that seems outside an individual's control, thus causing discomfort. Popular wisdom seems to say that 'doing' is the thing, that your true worth is commensurate only with outer activities and achievements. If this misconception is turned on its head and applied as strongly to our *inner* life and experience, then we will surely begin to get somewhere. The spiritual aspects of our existence will thus be greatly nourished through the re-balancing of the inner and the outer, bringing many benefits that should surprise no-one.

We may be able to approach silence, and the Great Silence itself, through outer activities that very much aid this process. Our Friend speaks of 'the Celestial Silence,' a concept that may seem daunting or even unapproachable at first, but which can be better understood by the realisation of that very link between the inner and the outer. For instance, we can get an inkling of that 'Celestial Silence' if we are able, for a short while at least, to observe silently the glories of the heavenly bodies in the clear night sky, particularly in the winter. If we are fortunate to find a viewing-point away from pervasive light-pollution and the sounds of traffic, perhaps out in the countryside or on a deserted beach, we will surely have a greater understanding of what William Wordsworth described as 'The silence that is in the starry sky' – a meditative and wonderful image of many realities and possibilities.

It is all up to us as individuals, and notwithstanding the activities and responsibilities in our outer everyday lives, all of these will be enhanced (and more) by the awareness that 'to know the Silence is to walk with God. It is to be filled with the Great Peace. It is to be equipoised in mind and heart.'

Deborah  
Carolin

## **My Being Uplifted**

What a delight it is to have  
My Being uplifted!

Through space I travel  
To dance with the stars.

The sun shines through  
My outer body on earth  
To all my planes and vehicles.

My heart responds  
To inner harmonies.

I dance, reaching  
From the sun to touch  
The earth with joy.

---

Grace  
Deason

## **A Foretaste of Eden**

**I** LIVE IN A VILLAGE with 100 units and about 140 people. About five or six years ago the Management changed from one not-for-profit organisation to another.

Soon after the change a Manager, Isabel, was appointed. At first it was a little hard for her as the villagers were wary of the possibility of many changes. But the changes were introduced slowly and gradually appreciation of Isabel grew so much that today, her final day with us, the morning tea in the Village Hall to say 'goodbye' was something very special.

Villagers we rarely see at functions were there and the atmosphere among the 60 or 70 people was, to me, a foretaste of Eden. No-one was there to criticise or complain, but everyone came to pour out their love for Isabel and thank her for her helpfulness. The atmosphere was very, very potent and a lovely reminder of what is possible when Souls are united in a common, beautiful purpose.

## **A Meditation**

**M**OST BELOVED FATHER-MOTHER, we would ascend in consciousness to THEE, to THY Throne.

To the Physical Body may there come Divine Peace and Healing, may all the cells and all the organs respond.

To the Astral Body, Peace and Healing, may it become pure and holy.

To the lower Mind, Peace and Healing, may all the voices be calmed, and may there come that great stillness when the Soul may meet the LORD.

To the Etheric Body, may it be filled with Peace and Healing and the Etheric Heart be Divinely controlled.

To the Higher Mind, Peace and Healing, may all the Attributes be lit up with the Glory of the Heavens, each Attribute able to perform its dual ministry before THY Throne.

To the Intuition, Peace and Healing, may all the doors and windows be open and the Soul be able to perceive through Divine understanding GOD'S Mysteries, which is Divine Wisdom. And in the Sanctuary, Beloved FATHER-MOTHER, may there come the realisation of THINE Indwelling and Overshadowing Presence.

Go still higher to the Angelic Realms, breathing deeply the Angelic Breaths, being conscious of the Divine Outpouring from the Fountain of God, as the Magnetic Streams pour into and around the Being, flooding the Sanctuary with Divine Light and through to the Soul, re-energising all nerve centres and the arterial system in the body (Physical) and filling the heart with Divine Love.

*Breathe deeply before each phrase, and make up your own prayer of Love and Blessing to the Divine for His great Outpouring.*

*Send out healing received to all whom you bear upon your heart, and then out to the World; use your own words suited to different needs.*

*Great Blessing should flow from this Meditation.*

[This Meditation was given at the 1989 American Convocation, the Ministrant was not named in the Newsletter in which it originally appeared.]

Jacqueline  
Ward

## **God and Beauty**

There is no God without beauty;  
there is no beauty without God.

How can I feel again, O God,  
the love I felt for you in my childhood and youth?  
Sometimes now, not seeing you,  
I ask: 'Who is it I loved?'

'Love me in those you love,  
and in all the creatures.  
Find me in the beauty you feel in Nature.'

There is no God without beauty;  
there is no beauty without God.

---

### Alicia **Western Area Day Gathering**

Mary  
Salter The next Western Day Gathering will take place on the 16<sup>th</sup> March  
when we will meet in the home of Margery Van Zyl.

Our day will begin at 11.00am with a Worship Service after which  
we will have a shared lunch.

After lunch we will have our Members Meeting in Council (during  
which Enquirers are invited to bring and share readings from the  
Teachings of the Order of the Cross), and this will be followed by  
a short Meditation. The day will end after afternoon tea.

If you wish to attend this Gathering please contact Alicia Mary  
Salter by 7<sup>th</sup> March:

31 Sutton Road, Speen, Newbury, RG14 1UW  
email [aliciamary.salter@gmail.com](mailto:aliciamary.salter@gmail.com)  
phone 01635 552581

## **Come**

Jan  
Holmes

Coming together over ages of memories,  
Times past, healed,  
Washed away by the color of Love  
We come together under our Altar,  
We dance the dance of Spirit  
Embraced in our Father-Mother's Love.

Questions asked, Decisions made, Blessings given.  
We've met before,  
Glimpses remembered,  
Memories opened.  
Do you remember ages ago of Service, of Love of Motion?

Come  
Bring with you your questions,  
Your wonder,  
Your flame.  
Pack your Intuition,  
Your understanding and Perception...

Come  
Dance before the Altar with us  
Who care not your history  
Begin...  
A simple step, a cautious step.  
Cast off your baggage, your burdens.  
Embrace your Spirit, your colors, your motion.

There you stand in your morning sun  
Blessed in your own Truth,  
Ready for your moments of motion.  
It comes beyond you,  
Through you,  
Left for Souls to touch, to embrace, to gather.

Come  
The Long Goodbye is no more.

## **GATHERINGS AND EVENTS**

### **February**

16-18 Family Gathering: Swanage

### **March-April**

24-27 Easter Gathering: Sarum College (accommodation available till 28 March)

28 Family Service: Sarum College

28-4 Natural Movement Dance Week: Swanage

### **July-August**

27-3 Natural Movement Dance and Families Gathering: Ammerdown

## **CHANGES OF ADDRESS**

If you have changed your address or any of your contact details, please notify Roger Score at:

**The Order of the Cross**  
**27 Old Gloucester Street, London, WC1N 3AX**  
**Email: [light@orderofthecross.org](mailto:light@orderofthecross.org) or**  
**Telephone 0207 1176 059**

This will ensure that Spiritual Reflections is sent to your new address and that all your contact details are up-dated on our database.

If anyone wishes to reproduce a portion of Spiritual Reflections, permission should be sought from the Editor in advance:

David Everett, 112 Hankinson Road, Bournemouth, Dorset, BH9 1HX  
Email: [editor@orderofthecross.org](mailto:editor@orderofthecross.org)

All articles are the individual responsibility of the writers and should not be taken as authoratative.