

## **The Life Immortal**

The Immortals are those who overcome the world – not simply in the sense in which that expression is so often used – to be merely pietistic, lowly and gentle, devoutly religious and consecrated – but Souls who have acquired the power to command that Life shall not be darkened, nor oppressed, nor hindered in its upwardness by anything in the elemental realms, or anything in the national outlook, anything in the claims of material Science, or of Race ambitions. The Immortal Life is possessed by those who have overcome in their consciousness the limitations of childhood – little childhood, older childhood, and the full childhood of this Earth; and who have ascended in consciousness into the Realms we speak of as Angelic, not leaving the world to do so, but ministering more beautifully and with greater power, revealing that which has been gathered within the Angelic World, what it has heard, what it has felt and feels, and to be moved by these things to transmute them into Divine power in service.

All Souls are potentially Immortal. The Immortals are those who have realized their potencies to such extent, in such degree that they are able to associate in their thoughts with the Gods; aye, even to walk with GOD. It is easier said than done. Yet it is all possible.

Walk with GOD! That is the Glory of the Immortal Life.

*The Life Immortal* pages 13 and 17



## **The Order of the Cross**

**Spiritual  
Reflections**

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## Thoughts on the Teachings

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**T**HE TITLE OF THE BOOKLET from which our cover-extract is taken – *The Life Immortal* – is both inspirational and aspirational. Inspirational in that it brings to bear on our ordinary everyday life an awareness of some sort of spark or subtle illumination as to other possibilities, and aspirational in the sense of making us begin to realise that this illumination does indeed give us further and clearer indication as to the way ahead. This two-part process is vital in ensuring that our spiritual progress advances in a measured way. If we react with enthusiasm but insufficient wisdom, we may well deplete ourselves and make wrong decisions as a result.

Our Friend's transcendent writing gives us, as always, clear and inspirational guidance as to the finding of the spiritual path that is there for each of us. In so doing, we are shown the way of living in the outer world of our daily experience but at the same time having an increasing inner understanding and vision of where our true path actually lies. It goes without saying that some of this can be a bit tricky in the midst of busy lives and a clamorous world. Maintaining the balance between the two is a quiet skill that is enhanced not only by sharing thoughts and experiences with like-minded friends, but also by gaining spiritual nourishment that exists all around us, for example in the arts, music and the wonders of the natural world – all food indeed for the Soul.

All this assumes that the individual's approach is one of humility, with no sense of self-importance or personal achievement (but gratitude certainly for what we have been blest with in our lives) so that as far as is reasonably possible, the individual is 'moved by these things to transmute them into Divine power in service.'

*The Life Immortal* may indeed seem quite a challenge to us at times, but we are blest beyond measure in having Our Friend to guide and encourage us. Ever practical, aware and sympathetic, Our Friend's wise counsel gives us all the direction we need. And it is surely possible to imagine a warm and understanding smile on his face when he writes: 'It is easier said than done. Yet it is all possible.'

## **Gateways to God: The Gateway of Touch**

**H**OW TOUCHING, WE SAY. And we say this because of something seen or heard, something which has touched, moved us to response. It is not necessarily anything outward that has touched us though there may have been an outward event, but rather that which has moved at the heart of the event which has touched us, inwardly. Thus we see straightaway that the sense of touch is not only outward, but also inward.

It is a gateway through which, as we pass, we are touched to finer issues.

Let us look at it outwardly, first. How much there is even in the outward touch. The way we touch anything, with gentleness and reverence, or the reverse. The way we handle what we touch, to feel its quality, assess its value. In such ways we use our hands.

We think of those engaged in the arts and crafts, or those who serve in the field of healing. We think of the musicians to whom the sense of touch is vitally important, and which specially links up with the sense of hearing.

There are other venues of service where the sense of touch is of great import, the mother with her child, the touch of a friend's hand. There is also the touch of the wind, the rain and the sun upon us. These and others reveal how wide is the range of this wondrous sense.

Thinking of things outward, with what do we touch, the hand, or with what animates and moves through it? When we are touched, do we in fact feel that touch physically, or through the physical?

Thus again we are brought face to face with the mystery of Life, the mystery of God in Life, in our Life. For he is ever touching us inwardly. But he may also touch us through what is outward, if what is outward is in a true state and condition.

Thus we may become a vehicle for His touch in whatever we touch outwardly, and also mentally, emotionally and soulicly. But it will mean that the state, condition, attitude of mind, heart and soul will be of that loving, gentle, reverent, pure and patient quality which will make even the outward touch convey the inner realities.

We see here, do we not, what in some degree, could be moving through the musician, the potter, the healer, the nurse, the mother, the friend when they are in such a state.

How do our arms and hands move? Are they angular, impatient in action, or rhythmically harmonious in their movement? Indeed the way we move or fail to move our hands, indeed our whole body, can tell us much about the way others may be feeling and thinking. And what a wonderful thing it is that everyone's touch is quite different, unique and distinctive to themselves. We note this when we hear different musicians playing the same piece of music. In fact there are as many interpretations of a piece of music as there are players of it. Each will express through his and her touch, not only what is His mystery in them, but the touch from each one will be from a different realm, a different degree of a particular realm, according to the order of soul, and the measure of their spiritual culture. In the case of great musicians it is age-long and in other realms than those related to the earth. This is in part, of course, the answer to what are called child prodigies.

But to return to our hands. What wonderful instruments, if I may so call them, they are. Capable of an infinite variety of movement and touch, every finger, including the thumb, having its own special service and touch, for each one can convey something quite different although related. When used in combination in both hands, there can be expressed exquisite delicacy, as well as great intensity and power.

The left hand and the right have each a different service: the left hand being the enfolding, the cherishing, the indrawing hand, in the case of the musician, the accompanying hand, and the right the outgoing hand of blessing, of defence, of creative expression and of power.

What is it that is said in the Psalm, 'with His left hand He doth enfold and uphold me, and with His right hand He doth defend me'. We see here the very correspondence of the divine, even in our hands. For they represent, even as do the feet, and as do the mind and heart, the dual mystery of God. His Fatherhood and His Motherhood. That which goes forth to create, to express,

to defend and that which enfolds, upholds, fashions, cherishes and endears. How wonderfully we are indeed made.

Thus it is, that as we come to see something of His purpose for us in the way He created and fashioned us, as we hear again His Voice, drink in of His fragrant breaths, taste of His goodness, so may we be touched even unto the finest issues of our lives.

How does He touch us? What does He touch in us? And how do we respond to that touch?

He touches us even as the soft fragrant breeze touches us outwardly, with His atmosphere. For He breathes His atmosphere upon us, and as His atmosphere touches our atmospheres, so shall we be affected, unto blessing, unto healing, unto enrichment, if we can respond.

But at times it will seem to be the reverse of this. We may resist His atmosphere. And we resist it because we may be disturbed by it. Why should we be disturbed by it? Because the state of our atmosphere may not be in accord with His Will and Purpose. For if there be anything in our will, in our desire, in our feeling, in our thought, that is contrary to His Will and Purpose, then our atmospheres will reveal it.

Now does this not tell us much about ourselves? Does this not give us the answer to much that puzzles us, even when we attempt to pray, indeed because we pray, the difficulty we encounter, the disturbance that seems to be set up chiefly in our mind?

You will remember how, in another chapter, we spoke of the Breaths of His Spirit coming to us from the west, or the north, or the south, or the east, that touches at one time or another, the four quarters of our life. Then we can see how it is if it be the east wind that is blowing upon us, and within us. For such a breath or wind will shake the whole of our life. We may well have prayed to do His Will. And that will be the answer. For we may be sure that if we have truly prayed to do His Will and we have reached that state and condition where we can receive His east wind more fully, then it will reveal to us by the disturbance set up within us, that we are as yet a long way from really being willing and able to do it.

For that is how He reveals it to us. That is one way among many that He speaks to us and enables us to recognise, if we will, what He would have us recognise. In this way, we are helped to see what is required of us. That is how He reveals it to us.

But He does not do this all at once. He does it gradually, gently, as we are able to bear it, first in one part of the life, then another, as one or another of the breaths blow, until at last we are able to receive and endure the inner breath, the eastern breath, which as it can be received and endured unto the touching of all that He would have touched in you, then indeed we shall find that perfect healing and restoration so necessary if we are to really fulfil His Will and Purpose.

What a wonderful gateway this is, this gateway of touch, although all are wonderful. But as He touches us, as we are willing to be touched, as we desire to be touched, for prayer is desire, it is the desire in us, not just a form of words; for as we truly and purely desire, we rise in consciousness, we generate atmosphere.

We thus reveal to Him that we are truly seeking Him. So he enfolds us. He lifts us up. He bestows His balm and blessing upon us, He strengthens us so that we may become able to receive of that inner breath that comes out of the very sanctuary of His presence. He holds us whilst we receive of it, even though we may feel disturbed and resistant. But He holds us because our desire, our prayer is unto Him, to be like Him. So He holds us while the elements of the mind, or the heart, or even the soul, which have become weakened, inert, impoverished, through neglect or misuse, or those elements and fallen states such as pride, jealousy, anger, impurity, false ambition, cruelty, all of which bring disease, disorder, unbalance, can be changed and transmuted by Him, and the wrong elements cast out and eliminated from the whole of the life unto the full healing of it.

Verily this is how He touches us unto the healing of us.

But there is more to it even than that. For where there is no need for healing, or where life has been healed, then as that innermost Breath is received, it will empower the life, exalt it, raise it up to a higher constant level of consciousness, into a new dimension of

living, even into that immortal state of consciousness known as the Immortal Life.

Behold where His touching of us leads us, even into that heavenly state of consciousness wherein He can be seen, heard, known, realised, where we can at all times receive, as He touches us, that power to accomplish His holy Will and Purpose in all things, in life, in service, and in every relationship.

May we ever be found willing to be touched by Him. May our own touching of life, outwardly, mentally, emotionally, soulfully, in our thoughts and ideas, in our heart's love and expressions, and in our soul's deep yearning and aspiration, be such as would testify of Him.

For His touching of us is unto that end. That we may touch for Him all that He would have touched in every realm.

We are but the vehicles. His is the Touch and the Mystery. But we share in it. We are part of it. Because we are of Him, created and fashioned by Him, to be even as His hands and feet upon the earth, and more.

How blessed we are that it can be so. That indeed it is to be so.

May it be that in His grace and power, we have been touched by Him in this hour.

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## **A Meditation**

### **In the Lion's Den**

If the World powers put you into the Den of Lions, do not howl through the gates the quantity and quality of your sufferings. Look at the opposing forces from within. Be polarized; be illumined; discern the Truth; then quell through the Divine Power in you, the lion Astral forces. Command them that they obey HIM. Do not this in your own strength; exorcise them in His Holy Name. Then you may move amongst them, commanding their silence and obedience.

*The Prophecy of Daniel page 49*



## How we may help in healing the World Conditions

Our first work amid the conditions which obtain is embodiment of HIM, so that our Life becomes in its degree a manifestation of HIM. To be a manifestation of HIM is to be like HIM. HE loves all. HE forgets none, and in His passing by never fails to bless. His very Atmosphere bears Blessing to those who can receive; but it is with the Soul, individually, nationally, and racially, as with the dweller in a house. The glorious Sol is always radiating; but the conditions generated within the atmospheria may even prevent him getting his full radiations through. There are some Rays that pass through anything; but there are some that cannot do that, and must have the right elemental states for transmission. Even when he gets through to gloriously illumine the Earth, or our part of it for the time being, if the Children of Men keep their blinds down, their windows closed, their doors shut, his glory cannot enter. So is it as the Presence passes by; though the Atmosphere should move everyone, if those adjacent to His Presence have their windows shut, their blinds down, their doors closed, they will not behold His Glory, nor receive His Radiations.

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What shall we do to help more effectively, the healing of the World? The greatest thing we can do is to be one with HIM Who blesses all, Who makes none accursed, but Who works through a million avenues to restore those who have made themselves accursed by turning their back upon His Truth and His Ways. To all we send our Blessing...for we would be like HIM Whose Love never changes in its nature, nor is slow to bless where and when Blessing is needed and asked for.

*Herald 15 Supplement pages 63 and 65*

His Peace abide with you. His Love enrich you and heal you. His Angels strew your path in all your going with the flowers of His Love. And His Overshadowing Presence be as the Radiant Cloud to illumine you, and the encompassing Atmosphere to defend you, and the blessed Leader going before you.

*Herald 32 page 100*

## GATHERINGS AND EVENTS

### **October**

5 Western Area Day Gathering: Congresbury

### **November**

11-14 Gathering at Charney Manor

### **December-January**

30-4 New Year Gathering in Swanage

### **CHANGES OF ADDRESS**

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